



No NMC-23(1)25-2021/Med  
Government of India  
National Medical  
Commission



**Pocket-  
14, Sector- 8,  
Dwarka, Phase-1,  
New Delhi-77**

**Dated 11-08-2025**

To:

The Director/Principal/Dean, All Medical Colleges/Institutions in India  
Director, Directorate of Medical Education of All States/UTs

**Subject: Strengthening Institutional Mechanisms to Prevent Ragging, Harassment, and Student Distress in Medical Institutions**

**Reference; Anti-Ragging Day, August 12 & Anti-Ragging Week, August 12 -18**

Sir/Madam,

The National Medical Commission (NMC) remains committed to ensuring a safe, inclusive, and supportive environment for medical students. In continuation of earlier advisories, all medical institutions are directed to ensure full compliance with the "*Prevention and Prohibition of Ragging in Medical Colleges and Institutions Regulations, 2021.*" This includes the effective implementation of institutional safeguards such as the mentor-mentee system, accountability measures, and periodic surprise compliance checks. Institutions must also submit periodic Anti-Ragging Committee (ARC) reports detailing initiatives like awareness campaigns, disciplinary actions, and student engagement efforts.

2. The Commission expresses grave concern over the incidents of ragging, sexual and mental harassment, suicides, and physical assault that have been reported from some institutions in the past. Despite repeated directives, the following lapses have been observed in some instances;

- a. Failure to enforce anti-ragging measures effectively
- b. Lack of accessible mental health and psychosocial support
- c. Absence of functional Anti-Ragging Committees, Squads, and Hostel Committees
- d. Inadequate surveillance infrastructure, including non-installation of CCTV in hostels
- e. Psychological harassment such as social exclusion, intimidation, and academic pressure
- f. Failure to report cases of suicide, attempted suicide, and incidents of harassment, particularly those linked to thesis delays and academic pressure, continues to be a serious concern.
- g. Non-constitution of Internal Complaint Committees (ICCs) under the PoSH

Act, 2013

- h. Excessive duty hours of residents without adequate rest
- i. Violations of Clause 6(c) of the 2021 Regulations, compromising student safety
- j. Institutional indifference toward internal grievance redressal

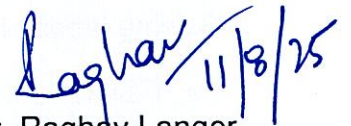
These issues not only breach regulatory mandates but also seriously undermine the safety, dignity, and mental well-being of UG and PG students, thereby affecting institutional credibility.

**In this context, all Medical Colleges/Institutions are instructed to:**

- Review and reinforce their anti-ragging and student support mechanisms.
- Install and actively monitor CCTV in hostels, corridors, and common areas.
- Report incidents of suicide, attempted suicide, and harassment to NMC confidentially and without delay.
- Conduct regular mental health audits and obtain student feedback.
- Appoint student representatives for academic grievance redressal.
- Set up student wellness centres with qualified mental health professionals.
- Provide mandatory psychological screening and counselling at entry and regular intervals.
- Conduct faculty sensitization programmes to curb academic harassment or favoritism.
- Collaborate with national mental health organizations like NIMHANS and AIIMS to implement evidence-based suicide prevention protocols.
- Strengthen Mentor-Mentee Program

NMC reiterates that non-compliance will be taken seriously and shall result in strict regulatory consequences.

Yours sincerely,



Dr. Raghav Langer  
Secretary, NMC &

Chairman, Anti-Ragging Committee

Copyto:-

1. Additional Secretary, (Medical Education) MoHFW, Nirman Bhawan New Delhi
2. Joint Secretary, University Grant Commission, New Delhi (raggingcell@yahoo.in)
3. PPS to Chairman